

DEALING WITH DESPAIR

North Lake Presbyterian Church

July 12, 2009

Pastor Paul

2 Corinthians 4:8-9 & Mark 4:35 – 5:43

We are hard pressed on every side, but not crushed;
perplexed, but not in despair; persecuted, but not
abandoned; struck down, but not destroyed.

2 Corinthians 4:8-9 NIV

THREE COMMON WAYS TO HANDLE DESPAIR

1. We can break out with resentment
The disciples in the boat
2. We can break away in isolation
The man possessed by demons
3. We can break down in self-pity and sarcasm
Jairus and the un-named woman

THE BETTER WAY TO HANDLE DESPAIR

4. We can break through with trust.
 - a. Leave behind your fear
Mark 4:35-41
 - b. Leave behind your anger
Mark 5:1-20
 - c. Leave behind your frustration
Mark 5:25-34
 - d. Leave behind your hopelessness
Mark 5:21-24, 35-43